

Anti-Racism Resource List

Take responsibility for your anti-racist education:

Below are compilations of anti-racist learning resources for adults, teens and children. These include articles, books, films and documentaries.

- [Resources for Ending Anti-Black Racism](#) (Canada specific)
- [Racism In Canada Is Ever-Present, But We Have A Long History Of Denial](#) (Canada specific)
- [A Detailed List of Anti-Racism Resources - Wake-Up Call](#)
- [Racial Equity Tools: Resource Lists](#)
- ['No reader is too young to start': anti-racist books for all children and teens](#)
- [Anti-Racism Books for Kids](#)
- [How to watch the CNN and 'Sesame Street' town hall addressing racism](#)
- [Social Justice booklists](#)

Check in on the Black people in your life:

Below is an article that outlines some things to consider before reaching out to a Black friend or colleague to ensure you are connecting meaningfully and thoughtfully.

- [How to Check In With Your Black Friends Right Now](#)

Be mindful of sharing traumatizing content:

Below is an article that details the harm that videos of police brutality can cause to the mental health of Black individuals and the dangers of unmindful resharing.

- [When black death goes viral, it can trigger PTSD-like trauma](#)

Become actively anti-racist:

Below are articles and videos that describe the many ways you can get involved to further anti-racism efforts.

- [Black Organizations And Anti-Racist Groups Canadians Can Support Now](#) (Canada specific)
- [How To Help Black People & Support & Donate to BLM Canada](#) (Canada specific)
- [11 Things To Do Besides Say 'This Has To Stop' In The Wake Of Police Brutality](#)
- [11 Things You Can Do To Help Black Lives Matter End Police Violence](#)
- [Here's What to Say to Racist Family Members During the Holiday](#)
- [5 Strategies for Difficult Conversations \(Janaya Khan\)](#)
- [Monetized Youtube videos let you donate to BLM by streaming](#)